

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, six-session education program for family, friends and significant others of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and Veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members who have experience with military culture and know what it's like to have a loved one living with symptoms of a mental health condition.

NAMI, the National Alliance on Mental Illness, is currently offering NAMI Homefront. For more information, visit www.nami.org/homefront



Participant Perspectives

NAMI Homefront is an adaptation of the evidence-based NAMI Family-to-Family Education Program, which has been used in VA health facilities since the late 1990s.

"It's the first step I have taken to get more involved personally with the VA. The first step I have taken to take care of me."

— Mother of a Veteran after graduating from a NAMI Homefront class held at the VA in NY

For More Information on NAMI Homefront Contact NAMI Kentucky

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About NAMI

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.